

2017 Girls Fall Basketball League

Grades 5-8

Girls Season: August 22 – September 30, 2017



Providing a positive structured environment for active participation in competitive basketball while allowing individual athletes to develop their skills and abilities to the highest possible level.

FastBreak Club Basketball League

The Grand Forks FastBreak Club is pleased to announce the 2017 Fall Basketball League. This league is open to all youth who will be in 5th – 8th grades in the Grand Forks Schools in the Fall of 2017.

FastBreak Club Philosophy

To provide a positive structured environment for active participation in competitive basketball while allowing individual athletes to develop their skills and abilities to the highest possible level.

League Structure

In conjunction with the philosophy of this league, quality coaches and registered officials will be hired.

Teams

Players will be divided into teams and divisions by skill level, which will be selected by the Basketball League Committee. In most cases the 5th and 6th graders will play together and the 7th and 8th graders will play together.

Leagues:

A "5 on 5", "4 on 4" or "3 on 3" League will be organized. The number of athletes will determine the set up. We will need 64 players to run a 5 on 5 league with 8 teams.

Practice & Game Schedule

Practices and games will take place on Monday and Thursday nights. Practices will be 1-1.5 hours. Saturday mornings with the exception of Labor Day Weekend will be reserved for games.

Times will vary based on gym availability.

Practice Range: 6-9pm

Games Range: 8-11am

The first girls skills assessment will be at Central HS with 5th/6th grade at 7:00 pm and 7th/8th grade at 8:00 pm on August 22nd. We will send an electronic postcard on August 16th for a reminder.

Sites

Grand Forks Public Schools

Dates

Girls Season: August 22 – September 30, 2017

Registration Deadline

Girls Season: August 14, 2017

Cost

\$80 per player

Late Fee

\$10

Financial assistance is available. Please contact Jody Thompson at 746-2205, Ext. 7121 for more information. The FastBreak Club contributed over \$10,000 in the 2016 season for this program.

Additional Information & Updates:

Check the FastBreak Club's website <http://www.gffastbreak.com> for additional information concerning the Fall Leagues, and follow us on Twitter @gffastbreak.

Travel Team Information:

The Fast Break Club organizes basketball traveling teams for boys and girls in Grades 3-6. These teams offer a more competitive opportunity for players who have previously played organized basketball (YBL), and for whom an increased level of competition is appropriate. This is done during the months of January to March. Information on this will be handed out during the season.

Jr. Grand Am Tourney

The tournament is **April 6-8, 2018** in Grand Forks. It is open to boys and girls teams in grades 3-9 and high school.

Postcard:

You will receive an electronic postcard 3-5 days prior to the starting date. Information on the first night will be given including the site and time. This information will be also be available on the Fastbreak Club's website <http://www.gffastbreak.com> and on Twitter @gffastbreak.

For further information please contact:

Steve Paintner at spaintner230@mygfschools.org

Complete the registration form on the next page and mail to:

Mark Sanford Education Center

Jody Thompson

2400 47th Avenue South

Grand Forks, ND 58201

FastBreak Fall Basketball League

Registration Form

All Grades

Cost per Player is \$80. Please make checks payable to FastBreak Club, Inc.

ALL APPLICATIONS MUST BE SUBMITTED TO:

Mark Sanford Education Center

Jody Thompson

2400 47th Ave. So.

Grand Forks, ND 58201



Please print:

Player's Name _____

Player's Address _____

Grade (in Fall 2017) _____ School _____

(Please check one) **Boys Fall League** ____ **Girls Fall League** ____

Parent's Name _____ Phone # _____

Email address: _____

I understand that the GRAND FORKS FASTBREAK CLUB and the GRAND FORKS PUBLIC SCHOOLS will not be held liable for injuries to my child.

Parent Signature: _____