

Spring Traveling Teams

GF Swish

Boys & Girls

General Information



Providing a positive structured environment for active participation in competitive basketball.

The Grand Forks Fastbreak Club will provide an opportunity for your son/daughter to play on a spring basketball team during April and May. We are one of the longest running spring basketball program in North Dakota and western Minnesota due to a number of reasons, a few of which include quality tournaments (MYAS), quality coaching and the cost of our program which is much less expensive when compared to other spring basketball programs.

If you would like more information about MYAS (Minnesota Youth Athletic Services) you can access their website at www.myas.org.

Tryouts are conducted for team selection. Depending on the number of players who try out, players in different grade levels may be considered for other teams. Teams are available for grades 7-11.

Practices, for the most part, will be held twice a week on **Mondays, Tuesdays, or Thursdays** depending on the schedule for that particular week. Commitments from each player will be expected when attending practices and tournaments.

Each team will participate in four tournaments, with the possibility of five tournaments.. The most likely possibilities for tournament sites will be from Alexandria to the Twin Cities. These areas have the quality and quantity of teams needed for a successful spring season, yet if local tournaments are formed we will enter those tournaments to build a spring basketball foundation in our region.

For further information please contact: **Matt Bakke** at matt.bakke@gfschools.org

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