



Grand Forks Swish

Fast Break Club

Dear Basketball Parents & Players,

For the 19th season the Grand Forks Fast Break Club will provide an opportunity for your son/daughter to play on a spring basketball team during April and May. We are one of the longest running spring basketball programs in North Dakota and western Minnesota due to a number of reasons a few of which include quality tournaments (MYAS), quality coaching and the cost of our program which is less expensive when compared to other spring basketball programs. During the 2017 Swish season current & past UND players such as Mike Mathison, Carson Shanks and Bailey Strand along with Rich Sondrol, Mary Moser, Cierra Hangslaben and Kevin Ohnstad all of which have coached high school varsity basketball were some of our quality coaches. If you would like more information about MYAS (Minnesota Youth Athletic Services) you can access their website at www.myas.com. If you would like more information about the Grand Forks Fast Break Club, please access the Fast Break website at www.gffastbreak.com. For the 2017 Swish season, the Grand Forks Fast Break Club will form teams for **boys and girls players in grades 6 – 11.**

Player selection:

Please complete the tryout registration online by going to the following site (www.bit.ly/GFSwish) by Friday, March 9th (***We cannot guarantee your son/daughter will receive a tryout if completed after March 9.*** **Tryouts are scheduled at Red River School on Monday, March 19th.** Depending on the number of players who tryout, players in different grade levels may be considered for other teams. **Girls check-in will begin at 5:30 pm with tryouts starting at 6:00 pm. Boys registration will begin at 7:00 pm with tryouts beginning at 7:30 pm.** Online Registration at www.bit.ly/GFSwish or by going to www.gffastbreak.com.

Swish Season:

The season runs from March 26th – May 20th. Practices, for the most part, will be held on Monday and Thursday nights. Commitments from each player will be expected when attending practices and tournaments.

Tournament Schedule:

Each team will participate in four tournaments with the possibility of five tournaments. The most likely possibilities for tournaments will be from Alexandria to the Twin Cities. These areas have the quality and quantity of teams needed for a successful Swish season; yet if local tournaments are formed we will enter those tournaments to build a spring basketball foundation in our region.

Here are the **TENTATIVE** dates for the tournaments:

April 6 – 8 Jr. Grand Am (**Optional** for All Teams)
April 14 – 15 MYAS (All Teams)
April 21 – 22 MYAS (All Teams)
May 5 – 6 MYAS (7th, 8th & 9th Grade Teams only)
May 12 – 13 MYAS (10th & 11th Grade Teams Only)
May 19 – 20 MYAS (All Teams)
Spring Championship Tournament (**If team qualifies**)

Cost:

Please **DO NOT** send a check with your registration form, payment will be collected at the parent meeting on Monday, March 26th. Cost is \$250.00 (\$300.00 for players outside of Grand Forks). The cost of other spring basketball programs in North Dakota and Minnesota will be much higher. The GF Fast Break Club donated over \$5000 to this program during the 2015 season in order to keep the costs lower for families participating in this program. Partial scholarships are available by contacting Jody Thompson at 746-2205 Ext. 121.

Informational Parent/Player Meeting:

An informational parent/player meeting for those who were selected for the team is scheduled at Valley Middle School for Monday, March 26th at 6:30 pm. We will collect the fees, a copy of the player's report card, which must have the player's current grade level on it and a copy of their birth certificate.

If you have any questions, please contact Matt Bakke at 218-791-2259. We look forward to offering Swish basketball to the players in the Grand Forks area.

Sincerely,

Jody Thompson
President – Grand Forks Fast Break Club

Matt Bakke
Swish Basketball Coordinator/Fast Break Club