

Winter Traveling Teams

GF Nets

Boys & Girls

General Information



Providing a positive structured environment for active participation in competitive basketball.

The Fast Break Club traveling teams, for boys and girls in grades 3-6, offer a more competitive opportunity for players who have previously played organized basketball (e.g. YBL) and for whom an increased level of competition is appropriate.

Practices will be twice per week, typically on **Monday** and **Friday** evenings. This season generally runs from early January to late March. All practices will be an hour in length and take place at various Grand Forks Public School sites. Practices do not conflict with YBL.

Teams will be involved in approximately six local tournaments that take place on weekends. Quality coaches will be hired for each team.

A registration form will be available on our website as the season approaches.

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